

First Presbyterian Church

Faith Notes

Pastor's Column

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Worship

- Sunday, 9:00 am
Contemporary Worship
- Sunday, 10:45 am
Traditional Worship
- Sunday, The 5:01
Music.Message.Meal
- Wednesday, 6:00 pm
Contemplative Worship

Child care provided at all
worship times

CHURCH OFFICE CLOSURE

- November 25-26

Next Faith Notes Deadline

- November 29 at Noon

Next Publication Date

- December 8, 2010

This is the week we recall the summer of 1620 when 125 eager, Christian folk set out from Southampton, England, hoping to come to the new world and establish a faith community. They were on two leased ships, the Mayflower and the Speedwell. But as they made their journey around the southern tip of England, the Speedwell developed problems so they both had to pull in to Plymouth. There it was determined that the Speedwell was not able to cross the Atlantic. So 20 of the original group gave up and went back home. 105 crowded onto the Mayflower and set out well behind schedule hoping to get to the colony of Virginia in time enough to build some shelter before the winter came.

Navigation in the 17th Century was troublesome so it took much longer to cross than they had expected. They were blown hundreds of miles off course without realizing it. They didn't see land until the last part of November and what they saw was not Virginia at all but New England. They were not able to build substantial shelters from the harshness of the winter and as a result disease swept through the little community.

Before the spring came to break the terrible cold, exactly half of the original group that had set out from Plymouth, were in unmarked graves. It was at that point that what was left of the crew of the Mayflower started to go back to England and the whole group wondered whether or not they should just give up and go back with them. But courage overcame despair and they decided to stay. At that point their fortunes turned. The Native Americans were wonderfully hospitable. They shared their land. They taught these pilgrims how to plant, and how to cultivate.

These were religious folks and so when the first anniversary of their being in the new world began to loom on the horizon they wanted to devise some kind of ritual to acknowledge this significant event. Not surprisingly, the first suggestion was for a day of mourning. Every family had lost at least one person many had lost several members of their family.

There was another group that said, "Yes, we have lost a great deal. We have endured great tragedy

and grief. But, we also have much to be thankful for. The natives to this land have been our friends. The land is wonderfully fertile. We ourselves have survived. Why don't we make that first anniversary a day of thanksgiving rather than a day of mourning?" A debate went back and forth between the mourning party and the thanksgiving party. As we will commemorate on November 25, the thanksgiving party prevailed. So the first anniversary of these courageous people was a day in which they expressed profound gratitude even in the midst of their grief.

Historians have wondered since whether that simple decision to choose gratitude in the midst of their mourning may have been a turning point in history. They suggest it was a spirit of gratitude that gave this small community the energy and courage to meet the many challenges that were yet to come.

As you have heard me say many times: A GRATEFUL HEART IS A PEACEFUL HEART IS A LOVING HEART.

Gratitude is a courageous choice. As we pause this week and orient our hearts toward gratitude, may it give us the energy and courage to meet our many challenges with hope. As we pause to be grateful, may the love in our hearts touch those near and far.

In gratitude for the privilege of sharing this journey with you,



SIMPLY CHRISTMAS

Let's take the stress out of Christmas: How can we approach Christmas differently? Can we make Christmas more relational and less stressful, more meaningful and less chaotic?

November 28 - Less Worry, More Hope

December 5 - Less Talking, More Listening

December 12 - Less Presents, More Presence

December 19 - Less Rush, More Breath

December 24 - Less Stress, More Joy

Love Like Jesus Photography Exhibit

What: This exhibit is to show in photographs visibly and provocatively how we live out the theme of Love Like Jesus in our daily lives

When: Photographs will be exhibited during the month of January 2011

Where: First Presbyterian Church Commons

Who: All who have photographs to exhibit regardless of experience and skill level

Size of photographs: The outside dimension may be any size up to 16" by 24" including frame and mat. Frames should be simple, rather than ornate.

Deadline for entry: Submit entries to the church office by Wednesday, December 15, to give time to plan the exhibit and prepare for hanging. For further information, contact: Ralph Delamarter (541-388-2128) or Claude Sandell (541) 593-8408

Sara Miles in Bend

Common Table is pleased to welcome Sara Miles to two events that will be held in Bend on December 1 and 2.



Event #1

Dinner and Lecture at Common Table

Join us for dinner at Common Table. Sara's work has been inspirational for the people who have created this restaurant. We will share a meal, hear a presentation and then have an open discussion with Sara.

Wednesday, December 1, 6:30 p.m. – 8:30 p.m.

Cost: \$50 per person (includes dinner and a beverage)

Tickets available at Common Table or Nativity Lutheran Church. You can call us at 541-388-0765 or email us at corry@nativityinbend.com.

Event #2

Lecture by Sara Miles at Trinity Episcopal Church

Sara will offer some reflections and be available to sign books.

Thursday, December 2, 9:30 a.m. – 11:00 a.m., Trinity Episcopal Church.

Cost: Free (There will be a freewill offering available.)

For more information call 541-388-0765.

Sara Miles is the founder and director of The Food Pantry and serves as Director of Ministry at St. Gregory of Nyssa Episcopal Church in San Francisco. Her books include *Jesus Freak: Feeding Healing Raising the Dead* and *Take This Bread: A Radical Conversion*. She speaks, preaches and leads workshops around the country; and her writing has appeared in the *New York Times Magazine*, the *New Yorker*, and on National Public Radio.

Deacons Christmas Basket Food Drive

Last year we served 125 families; the goal for this year is 135 families! To meet this goal, we need donations of non-perishable foods and cash.

The following items will be taken from the food carts to be saved for the Christmas Baskets:

Canned soups, vegetables, fruit and applesauce; dry cereal and oatmeal; peanut butter, jelly or jam; pancake or muffin mix, syrup; rice and other side dishes; spaghetti and sauce; tuna.

Common Table Thanksgiving Feast

Common Table will be hosting a "pay what you want/can" Thanksgiving feast on Thursday, Thanksgiving Day, from 11 a.m.- 2:30 p.m. We want to invite volunteers, partners, employees, those without family nearby—pretty much anyone who would like to be a part of our community, to eat with us on that day. Those who come will be served family style around our Common Table. Please pass this on to anyone who may need a great meal and community that day, especially any families in need. Please let us know if you could provide wheels to transport others that day. Contact Sue Nell Phillips: 541-817-3131, suenphillips@hotmail.com if you have any questions or want to make a reservation.

Interfaith Thanksgiving Service

An interfaith Thanksgiving service will be held on Thursday, November 18, at First United Methodist Church, 680 Wall Street. Pastor Steven will be doing the wrap-up and closing prayer after a service put on by a diverse selection of faith groups. Thanksgiving is a time for everyone, no matter what their religion, to unite in thanking God for our blessings. The Gospel Choir promises to make this a joyous event!

AED purchased by the Deacons

The Deacons have purchased an AED for use in case of cardiac arrest. It is located in the Commons across from the office. A CPR/AED Certification class schedule through the American Red Cross is on the Deacon's Bulletin Board. We will be scheduling some classes here at FPC after the Holidays. Let me know if you are already certified. Dennis Dorsett, 541-382-7140, Medical Equipment Deacon.

Keeping People Warm and Dry

Over 3000 are homeless in Deschutes county, 799 are children. Let's help to keep them more comfortable during this winter season. Donations of blankets, sleeping bags, long johns, warm socks, coats, sweaters, hats, gloves, rain gear, umbrellas, boots, tents and tarps can be left in the container next to the Deacons table in the Commons.



December Birthdays

1	Olivia Buhmann	15	Jaimie Roderick
	Stacey Donohue	16	Sophia Bolt
	Dean Helmick	17	Josh Bishop
	Ellen Rogers		Roger Gildersleeve
	Carolynn Sias		Adam Leask
2	Pam Marble	18	Katie Armstrong
	Myrtice Morrison		Nick Weig
	Nicole Tucker	19	Becky Hillman
	Amy Wheeler		Donna McGinnis
	Jane Wilson	20	Max Cook
3	Mike Mastrangelo		Phillip Gorton
	Ken Seidel		Debbie Klotz
4	Sarah Buchanan	21	Mac Cofer
	Paul Klotz		Jim Corson
5	Corey Bloom		Loraine Meyer
	Joan Rodine		Cliff Williams
	Leslie Stednitz	22	Jack Joseph
6	Sue Henderson		Nancy McDonald
	Steve Karpstein		Reed Morton
8	Jake Calkins	23	Ian Cash
	Lynn Haynes		Martha Conger Birkett
	Leone Kruse		Sylvia Wyatt
	Abby Taylor	24	David Barram
9	Hailey Kavanagh		LeBron Hardie
	Patty Patras		Marissa Shaver
	Pat Thompson	25	Morgan Hoisington
	Nancy Zurflu	26	Shannon Gregory
10	Karolyn Brockmeyer		Peter Johnston
12	Nadine Hogrefe	27	Jamey Luckett
	Carol Miller		Parker Robertson
	Bertie Tejes		William Ryan
13	Natalie Hummel	28	Zachary Kavanagh
	John Merrick		Wyatt Ryan
	Grayce Williver	29	John McGregor
14	Lorene Bateman	30	Lorri Taylor
	Dolly Dittler	31	Chuck Clausen
	Elaine Larson		Helen Compton
	Bev Murphy		Stephen Dudley
15	Don Altig		Katie McDonald

December Anniversaries

1	Jack and Pat Snively
2	Dean and Teresa Helmick
13	Andy and Jodie Barram
14	Lachlan Leaver and Jennifer Noble
15	Jim and Linda Corson
	Harley and Honor Rautmann
17	Ken and Sue Henderson
18	Adam and Valerie Clark
19	John and Helen Backlund
20	Bill and Beth Ibenthal
22	Jim and Sally Lineback
	Clyde and Joann Thompson
	Eldon and Jane Wilson
27	Mike and Carol Hardie
	Ron and Irene Pankratz
28	Tom and Patty Achterman
	Dan Weig and Alison Highberger
	Don and Shari Noldge
29	Skip and Lynda Paznokas

Human Trafficking— How Can I Respond?

Educate yourself and others

- Visit websites: OATH (Oregonians Against Trafficking Humans) www.oregonoath.org and Central Oregon OATH www.cooath.org
- Receive Central Oregon OATH Newsletter by e-mailing Nita Belles at nita@cooath.org
- Attend monthly Central Oregon OATH meetings at Library
- Attend HT Training session—Saturday, Dec. 4, Rosie Bareis Center
- Schedule HT presentations with groups and organizations

Volunteer for CO OATH (Contact Melanie Towne at melanie-towne@hotmail.com)

- Staff tables at events
- Be a greeter at events
- Host movie nights
- Help with newsletter
- Help with “sticker campaign”
- Share you own creative ideas

Visit websites of international organizations such as:

- International Princess Project www.intlprincess.org
- Ransom Wear www.ransomwear.org
- Not for Sale Campaign www.notforsalecampaign.org
- World Vision www.worldvision.org/advocacy
- International Justice Mission www.ijm.org

For more information or questions: Contact Maggie Hanson at 541 678-5953 or mahanson@bendbroadband.com .

To Make Us Safer

Our political leaders have put listening to the American people at the top of their agenda for the next two years.

The first opportunity Congress will have to act on this promise will come in mid-November when senators and representatives return for the end of the current session of Congress, the so-called lame duck session. Will the Senate take its first opportunity to advance toward a world free of nuclear weapons? (<http://capwiz.com/fconl/issues/alert/?alertid=14700501>)

A majority of the people in this country – along with former secretaries of state and of defense and senators of both major political parties – favor international agreements that would result in the elimination of all nuclear weapons, **yet the Senate hasn't yet ratified the one treaty that would put the United States firmly back on this road** – the New START treaty with Russia. This treaty would reduce the number of deployed nuclear weapons in both countries, making all of us safer.

A vote to ratify the New START treaty is not yet on the Senate agenda for the lame duck session. If the Senate doesn't act on this treaty before the end of the year, they will have to start all over again with the ratification process in the next Congress.

Would you be willing to take the next five minutes to get New START ratified? That's all it will take for you to send a message to your senators and ask them to vote to ratify the New START treaty with Russia. Copy and paste this address for an easy way to contact your senators....<http://capwiz.com/fconl/issues/alert/?alertid=14700501>

Peace & Justice Team



Daily Advent Resource

LIVING THE ADVENT STORY

Presbyterians Today/2010 Advent Calendar

This Advent resource is available at the welcome center. Author, Nancy Copeland-Paton, invites us to sit down and lean back into sacred story. Listen with a child's wonder as the people and places come alive.

Master storyteller Luke leads our journey. We'll walk the "back story" of Christmas, the profound narrative that leads into our Christmas story. There are enticing movements of the Spirit, alluring people of faith and one very busy angel! Journey alone or take your family.

We'll traverse Luke's first chapter a few verses a day. Take time to ponder. Travel deeply. Let the Spirit speak as the narrative lives and works inside you.

There's not a moment to lose; our walk through Advent only lasts four weeks. Get your copy of "Living the Advent Story" and be ready to begin on Sunday, November 28.

Central Oregon Mastersingers presents "Cathedral Classics"

On November 19 & 20, 7:30 p.m. at Church of the Nazarene in Bend, the 45-member Central Oregon Mastersingers directed by Clyde Thompson will present a program of sacred choral works, featuring the 40-minute *Dixit Dominus* by George Frederick Handel, a setting of Psalm 110 for chorus and orchestra.

Members of the Central Oregon Symphony will take part in the performances of this music, most of which has never before been heard in Central Oregon.

Tickets are \$15 general admission, available on-line at www.co-mastersingers.com or by calling 541-385-7229. Tickets are also available at Visit Bend, located at 917 NW Harriman Street in downtown Bend; phone: 541-382-8048.

Support Groups

Depression Recovery Support Group

Meets in the Prayer Room at 1:30-3:00 p.m. on the following Wednesdays: November 17, December 1, 15, 29.

Care Givers Support Group

Meets at 2:00-3:30 p.m. in the Prayer Room on the following Mondays: November 22.

Grief Support Group

Meets at 3:00-4:30 p.m. in the Prayer Room, Thursdays, through December 12. Facilitators are Joyce Purcell and John Oliveira. Please sign up in advance by calling Elizabeth Stephan (541-382-4401).

Children's Ministry

The purpose of our ministry with children at First Presbyterian is to love them and to nurture their love of God. If you feel called to this ministry and would like to volunteer or to get more information, contact Janet Pearson, Director of Children and Family Ministry (541-382-4401 or jpearson@bendfp.org).

Children's Choir

Thank you to the singers in the Children's Choir for their wonderful offering of music at the both services on November 7. It was a joy for the congregation and a gift to God to hear them sing "Ancient Words."

The Children's Choir meets between the morning services downstairs in Fellowship Hall. Julie Cash, their leader, is helping them to prepare to sing at the 4:30 p.m. Christmas Eve Service. Come and join the fun.

Faith 4mation @ Home

Advent Preparation

Advent is the season of preparing for the miracle of Christmas. November 28 is the first Sunday in Advent this year. Here are four simple ways to help your family remember the meaning of Christmas:

- Prepare an Advent wreath and light a candle each Sunday until Christmas Eve.
- Display a manger scene and have the baby Jesus arrive on Christmas Eve.
- Make an Advent calendar part of your daily practice or create an Advent chain to count down the days. (resources available from Children's Ministry)

Check out Christmas books from the library and read lots of Christmas stories culminating in the Biblical account on Christmas Eve.

If you are looking for ways to simplify your Christmas, check out the book *Unplug the Christmas Machine: The Complete Guide to Putting the Love and Joy Back into the Season* by Jo Robinson and Jean Staeheli.

Or look for the Advent Conspiracy on-line at www.adventconspiracy.org

First Friday Fellowship

Come and share a Christmas story and music with us on Friday, December 3. We will meet downstairs in Fellowship Hall at 11:30 for a salad potluck. Please bring a salad, if you are able, to share and canned goods for the Deacons' Christmas baskets.

Don't forget: Sign up on the easel in the Commons-Park in lower level-Bring a friend. Questions? Call Jean Hull at 541-385-6557 or Joyce Ownby at 541-388-1334.



Study and Fellowship

CPR CIRCLE will be meet on Tuesday, December 7, at 6 p.m. at Village Wiestoria Depot (corner of 8th and Revere) for our annual Christmas party. Please bring a heavy hors d'oeuvres to share. This is an open circle; all women of the church are invited. RSVP to Sharon Lichti (slichti@bendcable.com or 541-388-9982) or Mary Anna Swinnerton (luvmaps2@bendcable.com or 541-383-3588) to reserve a spot.

CIRCLES 2 & 3 For December, Circles 2 & 3 will have their Christmas Potluck on December 14 at Noon. Please bring a dish to share and your own table setting. For more information, contact Betty Armer at 541-388-2347.

MEN'S BOOK STUDY GROUP meets in the Library every Monday from 4:00 to 5:30 p.m. We're studying Making Democracy Work, by Justice Stephen Breyer. Come join us.

MEN'S DISCOVERY BIBLE STUDY GROUP meets Tuesdays at 9:45 a.m. at Chuck Piersee's house in Touchmark. Phone: 541-312-1628. This year's study will be on the book of Hebrews.

TOUCHMARK BIBLE STUDY meets Tuesdays at 3:00 p.m. in the small dining room in the Terrace Lodge. The Rev. Dr. Brad Kent will lead the discussion.

THURSDAY CENTERING PRAYER GROUP meets on Thursdays, 12:00 -1:00 p.m., in the Prayer Room. For more information, please call Elizabeth (541-382-4401).

LISTENING HEARTS is a contemplative prayer group practicing centering prayer together and reflecting on the spiritual journey. We meet Tuesday evenings, 7:00 - 8:15 p.m., in the Prayer Room. (We don't meet the 2nd Tuesday of each month.) For more information, please call Lorraine (318-0384).

EARLY BIRD BIBLE STUDY - Wednesdays, 8:00-9:00 a.m. This class, led by Dan Klingler, is doing a year-long study of the Wisdom Literature of the Old Testament. We will begin with Proverbs, then

Coffee Hour

The following groups are scheduled for November:

November 21	-	Mariners Cruisers
November 28	-	Spiritual Formation

Sign-ups are needed for December!

Cookie Schedule: November - S, December - T-Z

More church groups are needed for coffee hour so the burden doesn't fall on just a few groups. Thanks to Mary Anna, the process is easy and a way for people in your group to work together. Families and friends are welcome to get together and host also. Call Charleen McKee (541-382-0483) for more information.

proceed to Job, Ecclesiastes and the Song of Solomon. Depending upon the time remaining in the school year, there be a briefer review of two later Wisdom Books found in the Apocrypha: The Wisdom of Ben Sirach and the Wisdom of Solomon.

TILTERS is a group of women who discuss books related to faith. We invite all women to join us in reading an older Henri Nouwen book, Reaching Out: The Three Movements of the Spiritual Life. We meet Thursday mornings, 8:00-9:30 a.m., in the Library. Welcome! Call Cheryl Shay at 526-0964 with questions.

CIRCLE OF FRIENDS meets from 9:30 to 11 AM in the Youth Center on the first and third Tuesday of the month. Due to the holidays we will have a slight change in schedule. We will meet on December 7, January 11, and January 25. We will resume our regular schedule in February. We invite you to join us as we continue our study on 1 and 2 Peter and grow as friends in Christ.

WOMEN'S AFTERNOON BIBLE STUDY The group meets on the 2nd and 4th Thursdays of the month at 1:30 p.m. in the Youth Center downstairs. We will begin a new study with the Book of Acts. The group completed their study of the Gospel of Matthew and will now look into how the church grew; how the Holy Spirit empowered the early Christians and how this applies to our lives today.

Traveler's is a discussion type study in which you may participate, discuss as much as you wish or just listen. We welcome anyone interested in learning more about the Scriptures who would enjoy an afternoon study. Our goal is to learn and encourage one another as we journey the road of faith.

For more information, contact Carol Piersee at 541-312-1628 or carolpier@aol.com

TRY TRANSFORMATIVE YOGA ON THURSDAYS AT 9:45 A.M. IN YOUTH CENTER

Congratulations

Matthew & Capi Marceau are the proud parents of a baby girl, Benham Abigail, born November 10. Carol Marceau is the new grandmother and Roma Wells, great-grandmother.

The Quilters are in need of a light-weight sewing machine. If you have one you could donate, please call the church office 541-382-4401.





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230 NE Ninth Street
Bend OR 97701

See How They Love

Campaign pledge cards continue to be received in the office, both hand-delivered and by mail. They may also be placed in the offering plates anytime on Sundays. "Thank you" to all who have sent in their pledges for the 2011 ministries of First Presbyterian Church of Bend! Everyone is encouraged to be a part of the See How They Love campaign, so if you need another pledge card, or another copy of the campaign packet, let us know in the office, and we're delighted to provide you with the materials you seek. 541 382 4401.

Community Bulletin Board

Faith Notes will include a community bulletin board section for the listing of events not related to church activities. The bulletin board will contain a disclaimer that these activities do not necessarily represent the theology of the church and that they are not necessarily endorsed by the church. The listings will be brief and will be informational only; they will not contain position statements of the party submitting them.

ADMINISTRATIVE ASSISTANT with 30 plus years administrative office and management experience looking for full-time, long-term office work. Will be happy to provide work and local references upon request. Please contact Katherine Wagner at 541-390-9822.

