

# FAITH NOTES

AN FPC-BEND PUBLICATION

## PASTOR'S COLUMN

This Sunday is Rally Day! There will be one spirit-filled worship service at 10:00 a.m. you will not want to miss, followed by a Barbeque and games and fun for all ages. This will be a great Sunday to invite a friend, neighbor, family member to join you for church. Seventy-five percent of people attend a church the first time because someone invites them. They come back a second and third time because they experience a genuine and authentic welcome. We can all contribute to starting this year off with energy and enthusiasm. Step out of your comfort zone and invite someone to worship. Be intentional and go out of your way to welcome those you don't know.

Our theme for this year is TO LOVE LIKE JESUS. Jesus said, "Love one another as I have loved you."

Our focus will be:

- Deepen our awareness, understanding and experience of God's unconditional love for us.
- Embrace our calling as followers of Jesus to love like Jesus.
- Develop the skills that will increase our capacity to love in all aspects of our lives.

Father Richard Rohr said that Jesus told us there is nothing more important than love, to love God, to love our neighbor, to love ourselves. Jesus even said we are to love our enemies. He suggested that the church has historically preached at us emphasizing what we are to do but the church has failed in helping transform our

*(Continued on page 2)*

### Rev. Dr. Steven H. Koski

Senior Pastor  
skoski@bendfp.org

### Rev. Greg G. Bolt

Associate Pastor, Youth & Family Ministry  
gbolt@bendfp.org

230 NE Ninth Street • Bend, OR 97701  
Phone: 541 382 4401  
Fax: 541 317 2838

- [www.bendfp.org](http://www.bendfp.org)
- Twitter: @bendfp
- [Facebook.com/bendfp](https://www.facebook.com/bendfp)

### Worship

- Sunday
  - 9:00 am *Contemporary Worship*
  - 10:45 am *Traditional Worship*
  - The 5:01—Resumes September 19
- Wednesday
  - 6:00 pm *Contemplative Worship*

Child care provided at all worship times

### CHURCH OFFICE CLOSURE

- November 25, 26

### Next Faith Notes Deadline

- September 13 at Noon

### Next Publication Date

- September 22, 2010

(Continued from page 1)

lives and giving us the skills to do it. Father Rohr said you can believe all the “right” things and still be a jerk. He wrote, “We can say all the right words, practice all the right rituals, and our heart can remain cold and unconnected.” What are the spiritual practices this year that will transform and lead us to be more loving people in our homes, schools, communities, nation and world? I encourage you to set as an intention to increase your capacity to love . . . to love like Jesus.

The mystic Hafiz wrote this about God’s unconditional love, “. . . even after all this time the sun never says to the earth, ‘you owe me’ . . . look what happens with a love like that – it lights the whole world.”

My theology is incarnational. I continue to be in awe over the mystery of God and recognize the more I know the more I realize how much I don’t know. But what I do know is that we are at our very best when we are loving. How we treat one another is the expression of the divine on earth and makes God’s love visible,. When someone asks me how they might know God I respond by saying, “Go and find someone to love . . . to love like Jesus.” I often wish there was much less discussion in church circles about “who is right” and more emphasis on encouraging one another, even though we may not be of one mind, to be of one heart loving like Jesus.

May we be intentional in living each day generously, courageously and extravagantly loving one another from the place of knowing that we are loved. May your church not simply tell you WHAT to do but wrestle together with the challenge and adventure of discovering HOW to love like Jesus.



## OREGON: THE WEST COAST MAGNET FOR MODERN DAY SLAVERY

How can this be? One need only consider Oregon’s international airport, maritime port, Interstate 5 corridor, proximity to Canada, abundant harvest fields, and large urban sex industry to see that these factors together create the ‘perfect storm’ of opportunity for turning Oregon into a haven for human trafficking. Each year an estimated 17,500 men, women and children are trafficked into the U.S. for purposes of sexual and labor exploitation throughout our states, including Oregon. But this is just not an international problem. Over 200,000 children are at high risk for sex trafficking and sexual exploitation inside the United States every year. Ninety percent of these children are American citizens. In a recent nationwide FBI sting operation to rescue this population, Oregon ranked second in victims recovered; 7 victims in a single eight-hour shift. **To learn more, attend the Human Trafficking 101 event at First Presbyterian on Tuesday, September 28, at 7:00 p.m. in the sanctuary.** Nita Belles from Oregonians Against the Trafficking of Humans (OATH) will be speaking. Admission is free, and the public is invited. Contact persons are Meg Brookover and Susan Shuck.



## SUPPORT GROUPS

### Depression Recovery Support Group

Meets in the Prayer Room at 1:30-3:00 p.m. on the following Wednesdays: September 15 and 29.

### Care Givers Support Group

Meets at 2:00-3:30 p.m. in the Prayer Room on the following Mondays: September 13 and 27.

### Grief Support Group

Meets at 3:00-4:30 p.m. in the Prayer Room, Thursdays, October 7 through December 12. Facilitators are Joyce Purcell and John Oliveira. Please sign up in advance by calling Elizabeth Stephan (541-382-4401).

## SESSION HIGHLIGHTS

At its August 17 meeting, Session:

- Discussed the question “What’s theology got to do with immigration?” during the time set aside for spiritual development. Rev. Lorraine Stuart led the discussion.
- Had a report from Rev. Greg Bolt on the combining of the youth programs of FPC Bend, Trinity Episcopal Church, and Nativity Lutheran Church. Donna Jacobsen, Youth and Family Ministries leader at Trinity Episcopal Church, participated in the presentation. Session voted to give their full endorsement and support to the tri-church youth program.
- Received a report from Boyd Levet, church administrator, that the theme for the next 12 months is “Love like Jesus.” The theme for the stewardship campaign will be “See how they love.” Session will again be involved in organizing and leading the campaign.
- Heard a report from Rev. Bolt that 5 youth and 3 adults from FPC Bend attended the Triennium at Purdue University in July. A total of 5,010 youth from the PC(USA), the Cumberland Presbyterian Church, and the Canadian Presbyterian Church. Tony Campolo was one of the speakers.
- Received an update from Elder Sue Nell Phillips on the progress of Common Table towards its grand opening in October
- Heard a report from Elder Sarah Holtzclaw that except for the Deacons, every ministry team is having difficulty recruiting members to their teams.

A copy of the August 17 Session minutes and the July financial statements are on file in the Session notebook in the Library. If you have any questions or concerns, please contact the clerk or one of the Ruling Elders. The next Session meeting will be held on Tuesday, September 21, at 6 p.m. in the church library.

Sharon Lichti, Clerk of Session (388-9982 or [slichti@bendcable.com](mailto:slichti@bendcable.com))

Ruling Elders:

Todd Ainsworth, 598-9210  
Higuchi, 388-2746  
Tim Conlon, 388-0292  
Chuck Piersee, 312-1628

LeBron Hardie, 550-7541  
Brian Cash, 549-1663  
Scott Nelson, 306-6057  
Maggie Hanson, 678-5953

Betty Bullis, 389-8108 Clay  
Sarah Holtzclaw, 318-7496  
Ralph Delamarter, 388-2128  
Sue Nell Phillips, 817-3131

## HELP SUPPORT HAPPY LEARNERS PRESCHOOL

Safeway has partnered with eSrip to create a system to reward customer loyalty by contributing a percentage of your purchase to Happy Learners Preschool every time you shop using your Safeway card. It is easy and at no cost to you. Simply:

Log on to [www.escrip.com](http://www.escrip.com)

Click on the “Sign Up” bubble

Enter the “Group Name” – Happy Learners Preschool

Or enter the Group ID – 500021823

Follow the directional steps. You need enter **only** your Safeway card number.

For those folks who registered last year, it is time to renew. Log on to [www.escript.com](http://www.escript.com) and click the red check mark to renew. Thank you for your support.

For information contact Deb Klotz at 541-385-3109 or email at [dklotz@bendtel.net](mailto:dklotz@bendtel.net)

## HEALTHY MINDS, HEALTHY BODIES, HEALTHY SPIRITS

This is an eight-week course on Thursday evenings from September 16 to November 4, 6:00 to 8:00 p.m. in Heritage Hall; the cost is \$75 to cover materials and instructor costs.

Taught by Lori Brizee MS, RD, LD; Laurie Koski, MSW; Deb Haynes, MS, Cert Personal trainer; and Elizabeth Stephan, Spiritual Director. The class is sponsored by the Deacons Health Care Ministry Team. This class will look at healthy lifestyle and weight management from a global perspective. Learn how to:

- Make delicious low-calorie, healthy meals and snacks (cooking/food preparation will be part of the course!).
- Change HOW you eat to help you avoid overeating.
- Deal with the stresses in life without turning to food.
- Understand your emotions and avoid emotional eating.
- Make physical activity a regular, enjoyable part of your life.
- Connect with the Holy Spirit so that your spirit can be full and you can have peace regardless what curve balls life is throwing at you.

If this sounds like something that you and/or a friend or family member would like to do, sign up for this course in the church office or call Lori Brizee at 541-388-0694. If cost is a barrier, we have scholarships available (all requests are kept confidential).

## MEDICARE INFO NIGHT

Joining Medicare soon? Want to make some sense out of how and what to sign up for? Join us Tuesday, September 28 at 6:00 p.m. in the Adult Center. The instructor will be a Medicare specialist from Clear One.

## COFFEE HOUR

The following groups are scheduled for September and October:

- September 5 - Youth
- September 19 - Spiritual Journey Team
- September 26 - Marianne Watson (2nd svc)
- October 3 - Mariners Adrift
- October 10 -
- October 17 - Session
- October 24 - Personnel Committee
- October 31 - Deacons

If each group in the church community would sign up four times a year the duty would not fall on a few people and all could enjoy participating and taking part in a fellowship all members enjoy. Families can also sign up for a single service.

Names beginning with L-M-N bring cookies in September and O-P-Q-R during October. But remember—anyone can bring donations to the cookie box in the office kitchen at any time.

Call Charleen McKee (541-382-0483) for more information.

## ROOTS AND BRANCHES

*Roots and Branches* by Rabbi David Zaslow is a comparison of Judaism and Christianity with an emphasis on the continuity between the two religions. The author is from Ashland.

Dan Klingler will be offering the study at the St. Helens Center of the Episcopal Church on Thursday mornings from 9:30-11:00 a.m. beginning September 23. Existing members of the class have already had copies ordered for them. It is a print upon demand book. Anyone wishing to join the class should contact Dan Klingler (541-318-8163) to order a copy of the book.

## LOVING THROUGH LISTENING

Pastor Steven Koski will present a four-week class on listening skills on Wednesdays, September 8-29, at 7:00 p.m. in the Library. True listening is one of the most important skills Christians can practice. The Bible says Jesus was a good listener. The class is open to anyone who wishes to become a more effective and loving listener.

## SAVE YOUR USED BOOKS

Presbyterian Women are having a book sale as a fund raiser November 12 and 13. You can leave your donated books in the red bin near the PW table in the Commons.

## TRANSPORTATION HELP NEEDED

If you can provide transportation just one Sunday a month to someone who would like a ride to church, please contact Elizabeth Stephan at 541-382-4401.

One woman likes to come to the 1<sup>st</sup> service and one woman likes to attend the 2<sup>nd</sup> service. We will provide a backup driver for you if you are out of town or unable to drive on a Sunday for some reason.

## MENTAL HEALTH SUPPORT EDUCATION PROGRAM

Under the auspices of the National Alliance on Mental Illness (NAMI), a 12-week education program entitled "Family to Family" will be presented at FPC Bend on Thursdays from September 9 to December 2 at 7:00 p.m. in the Adult Ed Center. The program will be presented by Pam and Bob Marble, who have been trained by NAMI to conduct this course.

The program is directed to those individuals who are caretakers for someone with mental illness or have been somehow affected by family members, friends or loved ones with mental illness.

If you wish to participate in this program or have questions, please contact Pam or Bob Marble at 541-318-8299 or [bpmarble2@bendbroadband.com](mailto:bpmarble2@bendbroadband.com) or Jim Mullins at 541-306-6633 or [walder17@live.com](mailto:walder17@live.com).

## CROP WALK SEPTEMBER 26

The 13th Annual Central Oregon Crop Walk will be held Sunday afternoon, September 26, at 1:30 p.m. The walk alternates between Redmond and Bend and will be in Redmond this year. It will begin at Community Presbyterian Church, 528 NW 19th Street, go through the Dry Canyon and finish at the church.

CROP used to mean Church Rural Overseas Project, and 75% of the proceeds still go to help combat hunger overseas. However, CROP also now stands for Communities Responding To Overcome Poverty. Twenty-five percent of the money raised goes to six local projects: Bethlehem Inn, Seventh Day Adventist Services, Latino Community Center; FISH of Redmond and Meals on Wheels from the two senior centers in Redmond and Bend. See the Commons to sign up to walk or sponsor a walker.

## LIVING SOULFORCE\* IN DAILY LIFE

4 Classes: Sundays, October 3,10,17,24  
2:00-4:30 p.m.

First Presbyterian Youth Room

Series includes:

- Growing Awareness of Judgmental Thinking and Choosing Compassion
- Creating Compassion to Connect with Others
- Creating Compassion for Ourselves and Practicing Gratitude
- Transforming Conflict into Connection

Learn, practice and experiment with the power of creative nonviolence in an interactive, lively and educational atmosphere. Students will participate with facilitators to make this an enriching experience for all. Based on the insights and experience of the facilitators of the Peace Center of Central Oregon; *Nonviolent Communication - A Language of Life*, by Marshall Rosenberg, Ph.D.; and *Engage - Exploring Nonviolent Living* from Peace Bene Nonviolence Service, this study course is intended for all individuals seeking growth in conscious nonviolence, personally and for our society, and especially in interpersonal relationships.

For registration or questions, [Email Meg Brookover](mailto:Email Meg Brookover) or call 541-382-1283. A contribution of \$10 is requested to help with expenses. Books will be available for sale.

Sponsored by Peace & Justice Team, Peace Center of Central Oregon as well as numerous faith communities.



## NEW MEMBER LUNCHEON

The next new member luncheon will be Sunday, September 19, from 12 noon to 2:30 p.m. This is an opportunity to meet our program staff and members of our Session (the governing board) to learn more about First Presbyterian Church and how you may better connect with our church family. All are invited to attend. So that we are prepared with adequate materials and enough refreshment, please let us know if you plan to attend. For additional information, contact Deb Klotz at 541-385-3109 or [dklotz@bendtel.net](mailto:dklotz@bendtel.net) or the church office at 541-382-4401. Child care is available upon request.

## AN OPPORTUNITY TO HELP OTHERS CONNECT

The Congregational Ministries team is looking for people who would like to help our newer members connect with the First Presbyterian Church family. This is a great fellowship opportunity to reach out and help others discover their passion and how they may serve our church and our community. Please contact Deb Klotz (541-385-3109 or [dklotz@bendtel.net](mailto:dklotz@bendtel.net)) for more information about walking alongside our new members and welcoming them into our church family.

## CHILDREN'S MINISTRY

*To volunteer, register or get more information, contact Janet Pearson, Director of Children and Family Ministry (541-382-4401 or [jpearson@bendcable.com](mailto:jpearson@bendcable.com)).*

### **RALLY Day, September 12.**

The children will have a special program on Rally Day. They will begin in worship with their families at 10:00 a.m. After the Moment for Children, they will be invited to come downstairs for a special video-based Sunday School. Pre-school children will view a video from Vacation Bible School's Chadder Theater. Grades K-1 will view VeggieTales "King George and the Ducky." Grades 2-3 will see VeggieTales "Dave and the Giant Pickle." These two videos fit in with our September Treasure Quest study of King David. Fourth and Fifth grade students will meet with Deb Klotz to begin their mentoring class. All the children will be returning to the sanctuary to conclude worship with their parents. We will have a bounce house and other fun games for the whole family after worship at the all-church BBQ.

The children need six adults to supervise their video experience. If you are available and interested in helping, please give Janet Pearson a call at the church, 541-382-4401.

### **FALL Sunday School**

First Service (9:00 a.m.)

- Godly Play - Pre-school (3 year olds thru pre-K)
- Treasure Quest – kindergarten thru third grade
- Fourth and Fifth grade students – mentoring class

Second Service (10:45 A.M.)

- Godly Play – Pre-school thru fifth grade

Godly Play: "In Godly Play, the invitation is given not for play in general but for play with the language of God and God's people; our sacred stories, parables, liturgical actions and silences. Through this powerful language, through our wondering, through the community of players gathered together, we hear the deepest invitation of all: an invitation to come play with God." Jerome W Berryman (The Complete Guide to Godly Play)

Treasure Quest explores yearly biblical themes based on the Rotation Workshop Model. Through monthly units using multiple intelligences, students are engaged in an interactive exploration of faith. Our theme for this year is "The Messiah." September's unit will focus on King David and his love of God. We will be exploring the labyrinth and how to stay focused on God and putting together a timeline of David's life through an archeological dig.

The Mentoring Class is for fourth and fifth grade students. They are invited to explore a unit ahead of the Treasure Quest classes. At the beginning of each month, they present a lesson for the younger students.

### **Children's Choir**

The choir for kindergarten through fifth grade students will begin rehearsal on Sunday, September 26. Rehearsals will take place between services each Sunday downstairs in Fellowship Hall. Rehearsals start at 10:15 and go until 10:45. If you have questions, Julie Cash, our children's choir director, can be reached at 541-549-1663 or [julie@thecashs.com](mailto:julie@thecashs.com).

## SACRED MUSIC

Our Chancel Choir opened its “season” singing at the 10:45 service on Sunday, August 29. I have been lovingly welcomed to my new position as Director of Traditional Music Ministries by all the choir members as well as fellow musicians, Julie Geveshausen, Boyd Levett, and Jo Booser.

Singing together in church is a powerful way to pray and to form community. Music can cause us to awaken to our deepest understandings and feelings. It is a way to express the inexpressible; therefore, it serves as an entrance into mystery, into the intuitive knowing with which God has filled our hearts. We could describe sacred music as the “mysterious mediator” between us and the experience of God for which we gather. Simone Weil, 20<sup>th</sup> century French mystic and writer, wrote that we most often obtain what is most precious to us by waiting with attentiveness. Pastor Steven spoke of the touching reminder to breathe when he was caught in a terrible traffic backup at the end of a 17-hour driving day. He described that when he became aware of his breath, his heart opened in compassion and his attention was able to be placed in the present moment, the only moment we have. This is what music does for us. The rhythms, the words, the breathing, the melody, all done together, give us a point of focus that brings us to this moment, the Now, the only place where we can find God and get out of all our past and future worries.

I would like to thank the wonderful group of musicians at the 10:45 service who are so dedicated to using their voices to uplift our community. On their behalf and my own, I would like to welcome any of you interested in joining us in our music ministry. You will find helping hearts there to support you and to get you oriented. There is no formal training needed. What is needed is only a heart with the desire to sing! I would also love to hear from any of you who play musical instruments who would be willing to share your love of music with our community.

I look forward to meeting more of you!

Lovingly-Eileen Heaton

## MUSICIANS WANTED

The Praise Team is always on the lookout for people who would like to be a part of this exciting team. If you sing or play an instrument and would like to share the gifts God has given you, please contact Contemporary Music Director Julie Hanney at [juliehanney@gmail.com](mailto:juliehanney@gmail.com) or 541-390-2441. The Praise Team rehearses on Thursday evenings at 7:00 p.m., and you can commit to as little as one Sunday a month.

## FRIENDS OF JESUS “LONNA DAVIS MEMORIAL” GARAGE SALE

Yes, we are having our annual garage sale to raise money to pay for Presbyterian Summer Camp for low-income kids. We sent 20 kids to camp this year, and they absolutely loved it! It was life changing for many of them.

We need lots of items to sell, so gather your extras and keep us in mind. Come by and shop, too. The date is Saturday, September 11. The place is Thiel Larson's house – 63598 Hunters Circle (on the corner of Cooley and Hunters Circle). You can bring items any time beginning September 1. Thank you! Thiel Larson (388-4895 or [tlarson@bendbroadband.com](mailto:tlarson@bendbroadband.com))

## STUDY AND FELLOWSHIP

**CPR CIRCLE** will not meet in September. Instead, members are encouraged to attend the Human Trafficking 101 presentation on Tuesday, September 28, which would be the normal date of our gathering. In October we will be meeting at the home of Lynda Pasnokas for a baked potato dinner.

**CIRCLES 2 & 3** will meet Tuesday, September 14, at 1:00 p.m. in the Adult Center. We will be studying the Book of Revelation. All women are invited. For more information, contact Betty Armer, 541-388-2347.

**MEN'S BOOK STUDY GROUP** meets in the Library every Monday from 4:00 to 5:30 p.m. We're studying *A Handbook for Heretics—From Religion to the Kingdom of God* by John W. Sloat. Come join us.

**MEN'S DISCOVERY BIBLE STUDY GROUP** will reconvene on Tuesday, September 21, at 9:45 a.m. at Chuck Piersee's house in Touchmark. Phone: 541-312-1628. This year's study will be on the book of Hebrews.

**TOUCHMARK BIBLE STUDY** will reconvene on Tuesday, September 14, at 3:00 p.m. in the small dining room in the Terrace Lodge. The Rev. Dr. Brad Kent will lead the discussion.

**THURSDAY CENTERING PRAYER GROUP** meets on Thursdays, 12:00-1:00 p.m., in the Prayer Room. For more information, please call Elizabeth (541-382-4401).

**LISTENING HEARTS** is a contemplative prayer group practicing centering prayer together and reflecting on the spiritual journey. We meet Tuesday evenings, 7:00 - 8:15 p.m., in the Prayer Room. (We don't meet the 2nd Tuesday of each month.) For more information, please call Lorraine (318-0384).

**EARLY BIRD BIBLE STUDY** - Wednesdays, 8:00-9:00 a.m. beginning September 22. This class, led by Dan Klingler, will begin a year-long study of the Wisdom Literature of the Old Testament. We will begin with

Proverbs, then proceed to Job, Ecclesiastes and the Song of Solomon. Depending upon the time remaining in the school year, there be a briefer review of two later Wisdom Books found in the Apocrypha: The Wisdom of Ben Sirach and the Wisdom of Solomon.

**TILTERS** is a group of women who discuss books related to faith. We invite all women to join us in reading *Half the Sky: Turning Oppression into Opportunity for Women Worldwide* by Nicholas Kristof & Sheryl WuDunn. We meet Thursday mornings, 8:00-9:30 a.m. in the Library. Welcome! Call Cheryl Shay at 526-0964 with questions.

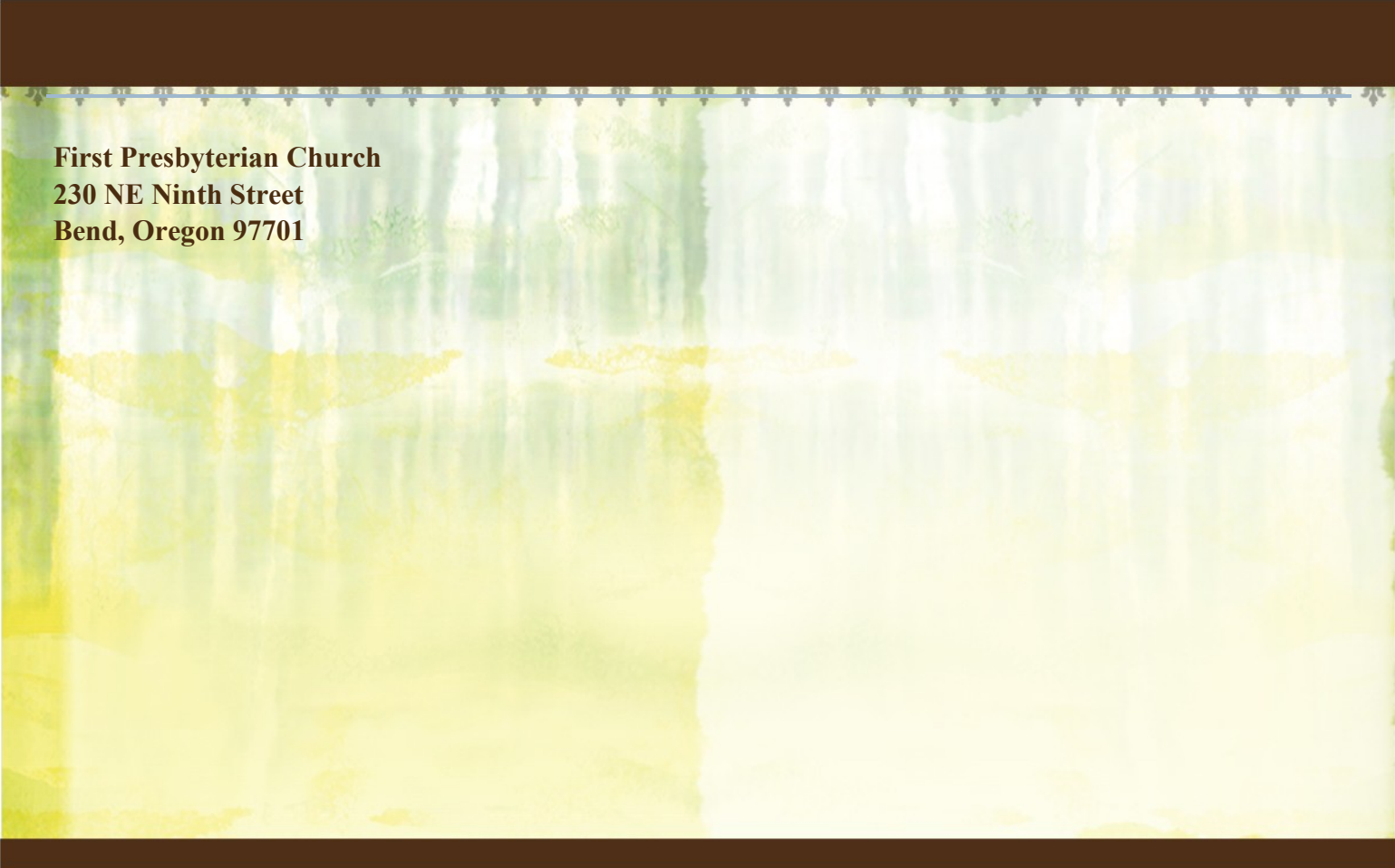
**CIRCLE OF FRIENDS** meets from 9:30 to 11:00 a.m. in the Youth Center on the first and third Tuesday of the month. We invite you to join us as we continue our study of Acts and grow as friends in Christ.

**WOMEN'S AFTERNOON BIBLE STUDY** The *Traveler's Study* will resume Thursday, September 9. The group will be continuing on the same schedule of the 2nd and 4th Thursdays of the month at 1:30 p.m. in the Youth Center downstairs. We will begin a new study with the Book of Acts. The group completed their study of the Gospel of Matthew and will now look into how the church grew; how the Holy Spirit empowered the early Christians and how this applies to our lives today.

*Traveler's* is a discussion type study in which you may participate, discuss as much as you wish or just listen. We welcome anyone interested in learning more about the Scriptures who would enjoy an afternoon study. Our goal is to learn and encourage one another as we journey the road of faith.

For more information contact Carol Piersee: 541-312-1628, or [carolpier@aol.com](mailto:carolpier@aol.com)

**GATHERED TOGETHER** All are invited to gather together for prayer, silent and spoken, for our church, community, and God's world. We meet the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday mornings, 11:15-12:00 noon in the Prayer Room.



**First Presbyterian Church  
230 NE Ninth Street  
Bend, Oregon 97701**



## **COMMUNITY BULLETIN BOARD**

*Faith Notes* will include a community bulletin board section for the listing of events not related to church activities. The bulletin board will contain a disclaimer that these activities do not necessarily represent the theology of the church and that they are not necessarily endorsed by the church. The listings will be brief and will be informational only; they will not contain position statements of the party submitting them.

**ADMINISTRATIVE ASSISTANT** with 30 plus years administrative office and management experience looking for full-time, long-term office work. Will be happy to provide work and local references upon request. Please contact Katherine Wagner at 541-390-9822.

**CATERING AND COOKING CLASSES** (Mexican Specialties!), home maintenance and cleaning inside and out, including professional painting. Call Veronica Castro and Alberto Dorantes at 541-408-4879. References: Sue Nell Phillips (1-541-817-3131) or Mary Anna Swinnerton (541-383-3588).